



Do you need information, advice or guidance for your family but don't know who to ask?

Then call Cheshire East's Family Information Service on 0800 408 2013.

Cheshire's Family Information Service can help you or your family if you:

- ★ Are looking for **childcare**
- ★ Want to know more about your **childcare options**
- ★ Would like advice on how to access **Tax Credits, Childcare Vouchers or Nursery Education Grant**
- ★ Need support for children with **additional needs and/or a disability**
- ★ Want information about **parenting support**
- ★ Want to know more about **flexible working**
- ★ Need help or advice with a **family matter**
.....and much more

We offer a free, confidential and impartial information, advice and guidance service for families with children and young people 0 - 19 years of age.

Flyer expiry date = your child's 20th birthday

0800 408 2013

email: fis.east@cheshireeast.gov.uk

www.cheshireeast.gov.uk/fis

www.help4me.info/cheshire